



This week's treats...



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
the MAIN event	Sausage sweetcorn and pepper pasta (G)	Ocean fish pie (M,S,F)	Lamb moussaka (M,S,G)	Chicken a la king with rice (M,S,G)	Spaghetti bolognese (G)
with sweet treats	Bananas with custard (M,S)	Chocolate chip cookie (M,S,G)	Raspberry jelly and cream (M)	Fruit flapjack (M,S,G,SD)	Blueberry cake (E,M,S,G)
the BIG one	Jacket potato with cheese (M)	Assorted sandwiches with veg sticks (F,E,M,S,G)	Vegetable pizza with veg sticks (G,M,S)	Tomato mushroom pasta (G)	Sausage pie with baked beans (G,M)
and something to finish	Selection of fruit or yogurt (m)	Selection of fruit or yogurt (m)	Selection of fruit or yogurt (m)	Selection of fruit or yogurt (m)	Selection of fruit or yogurt (m)

KEY:	S = Soya	F = Fish	N = Nuts	G = Gluten/Wheat
M = Milk	L = Lupin	P = Peanuts	Cr = Crustaceans	Mo = Molluscs
SD = Sulphur dioxide	SS = Sesame seeds	E = Egg	Mu = Mustard	C = Celery

All allergies and preferences catered for. Please ask to speak to Susan



This week's treats...



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
the MAIN event	Beef chilli with rice (G)	Chicken casserole with cous cous (G)	Cowboy pie (M,S)	Fish morney with vegetables and pasta (M,S,G)	Turkey and sweet potato with cous cous (G)
with sweet treats	Fruit scone (M,E,SD,G)	Iced Bun (G,M)	Bananas with ice cream (M,S)	Ginger cake (G,M,S)	Lemon crunch with custard (M,S,E)
the BIG one	Creamy vegetable soup with fresh bread (G,M,S)	Ham and pineapple pizza with veg sticks (M,G)	Macaroni cheese (M,S,G)	Jacket potato with beans	Assorted sandwiches with veg sticks (M,S,G,F,E)
and something to finish	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)

KEY:	S = Soya	F = Fish	N = Nuts	G = Gluten/Wheat
M = Milk	L = Lupin	P = Peanuts	Cr = Crustaceans	Mo = Molluscs
SD = Sulphur dioxide	SS = Sesame seeds	E = Egg	Mu = Mustard	C = Celery

All allergies and preferences catered for. Please ask to speak to Susan



This week's treats...



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
the MAIN event	Beef and mushroom lasagne (G,M,S)	Sausage and veg casserole with cous cous (G)	Shepherds pie (M,S)	Veg and bean curry with rice	Chicken sweet and sour with noodles (E,G)
with sweet treats	Chocolate shortbread (G,M,S)	Warm apple pie with ice cream (M,S,G)	Bananas and mousse (M,S)	Melted moment biscuits (E,G,S,M)	Jam and coconut sponge with custard (M,S,G,E)
the BIG one	Assorted sandwiches with veg sticks (E,F,G,M,S)	Cheese and tomato pizza with veg sticks (G,M,S)	Herby spaghetti with fresh bread (G,M,S)	Fishcakes with baked beans (F,G,M,S)	Cheese and egg quiche with veg sticks and salad (G,M,S,E)
and something to finish	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)

KEY:	S = Soya	F = Fish	N = Nuts	G = Gluten/Wheat
M = Milk	L = Lupin	P = Peanuts	Cr = Crustaceans	Mo = Molluscs
SD = Sulphur dioxide	SS = Sesame seeds	E = Egg	Mu = Mustard	C = Celery

All allergies and preferences catered for. Please ask to speak to Susan